



Sometimes,  
all we need is the air that we breathe  
[www.naratbc.org.uk](http://www.naratbc.org.uk)

FINANCIAL  
YEAR  
ENDING  
30<sup>th</sup> APRIL 2020

# NARA - Annual Charity Report

NARA - The Breathing Charity, Moulton Park Business Centre, Redhouse Road, NORTHAMPTON, NN3 6AQ  
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Registered Charity 327033

## NARA Annual Report - 1<sup>st</sup> May 2019 to 30<sup>th</sup> April 2020

# From the Light to Darkness

**A**s we prepare this report, we cannot believe how much the world has changed from the start of our financial year, which began on 1st May 2019, to the end on 30th April 2020. The absolute shock to our lives with freedoms, we all took very much for granted at the outset, now severely restricted, numerous lives have been changed, or blighted, but most sadly so many have been lost due to the Covid-19 virus. The immediate outlook is very grim, it's as though we've gone from the light to darkness. However, at this time, we must all live in hope rather than fear, we must trust there will soon be a solution to this situation, maybe in the form of a vaccine or other medical intervention that will beat this deadly pandemic.



When we were all subjected to lockdown, our movements restrained, our liberties severely challenged and for those who were lucky enough to keep their job told to work from home, at NARA we could not help thinking and coming to the realisation that for many of our patients this is exactly how their lives pan out on a daily basis, with or



without the current restrictions. For those of our patients who suffer the most severe of respiratory conditions they spend the most part of their lives confined to their homes, not able to go out where and when they want - like us now, their freedom and quality of life is severely challenged by their condition. It was something that made us all appreciate the normal lifestyle we lead and how restricted a life many of our patients are confined to on a daily basis. It also made us appreciate how much our work means to those patients who have benefited from the medical equipment, support, and advice we offer, and explains the relief and joy our help has given to so many over more than 35 years of the charity's existence. It was something too that has helped us focus on the extreme value of the generous gifts donated to us from our supporters, which allows us to provide vital medical equipment to those who have difficulty breathing. It also helped us understand how valuable the bedrock ethos of our charity is in trying to give a quality of life to our patients that we too often take for granted, and worldwide the focus has been on the basic human ability of breathing.

Despite the doom and gloom of the latter part of our financial year, there has been movement and genuine excitement about a suitable replacement for the Graseby MR10 Respiration Monitor. In our last report we mentioned how the Graseby MR10 had been a literal life saver for so many children, indeed our

charity was initially formed to provide such a monitor to parents whose baby was suffering apnoea episodes, i.e., stopped breathing. The loss of the monitor when the manufacturers ceased making them was a dire situation. During the life of the monitor, to coin an advertising slogan of yesteryear, it was 'often imitated, but never duplicated' - that is until now. We are in contact with a company that has built a respiration monitor along the lines of the MR10 and at present is seeking the necessary accreditations and approvals for it to become legitimate medical equipment and suitable for use by the NHS, health organisations and charities such as ourselves. Initially, once available, we will trial the new monitor alongside an MR10 and await the results from parents. Of course, using the device in a domestic environment is quite different to that in a hospital, or clinical environment. We are quietly confident that this new respiration monitor will ultimately and successfully replace the MR10. During the next financial year, we hope to bring the positive news we all anticipate.

### Monitors

Over these past months, however, it has not stopped us helping those requiring such equipment as our stock of working monitors is still quite healthy. In this period, we have not only serviced our existing respiration monitor patients but assisted new ones too. The following are typical of these new patients and the reasons for wanting a respiration monitor: -

- A six-week-old boy from Colchester who suffers severe apnoea episodes and needs further assistance with feeding tubes.
- A six-week premature boy from Greater Manchester who was born with two holes in his heart and suffers from a chronic lung disorder.
- A little girl from Jersey, born at 26 weeks, suffers respiratory issues and on oxygen.
- Another premature baby, this time a little boy from Ledbury, who had been in special care unit for some time before going home.
- A little girl from Leicestershire who had suffered multiple apnoea attacks and was only

released from high dependency ward with the provision of one of NARA's monitors.

- A similar little girl to the above, but this time from Uckfield, again a respiration monitor was essential for her being released from hospital.
- A sibling of a victim of 'cot death' from Middlesbrough, the baby girl's parents were very anxious taking another baby home without the support of a monitor.
- A baby boy from Dumfriesshire, Scotland, born at 26 weeks with severe heart condition as his valves had not formed properly.
- Another baby boy, this time from Loughton, Essex, who suffered severe gastric reflux where food, liquid and solid, entered his airway.



Others with similar conditions, 26 new patients in all, spread widely across the UK were helped by NARA throughout this financial year.

And for those with particular issues of apnoea we have turned to the PulseGuard data logging system to record the performance of a patient's vital organs, which provides their consultant with a second-by-second account of breathing, heartbeat, pulse, and any evidence of seizures. Absolute evidence



**The PulseGuard**

to utterly understand a patient's condition and a major ally in controlling or alleviating such condition.

During our last financial year, we were approached by parents of a young, 3-year-old girl from Southampton. Apparently, staff on the paediatric ward at University Hospital Southampton, who are well known to us, gave the parents our details. The young girl, who suffers a condition known as Rett Syndrome, was in stage 3 of the condition where breathing is impaired. This year, we were able to upgrade her support package for the PulseGuard, and we're pleased to say, to date she's faring well.

A brief resume of Rett Syndrome is as follows. Rarely seen in boys, this rare genetic disorder affects approximately 1 in 12,000 girls. Although very subtle at first, it initially becomes apparent as early as two years old and as late as ten. The disorder, which affects brain development, resulting in severe mental and physical disability, manifests itself in four different stages. Stage 1, known as the 'early stage', can be exceedingly difficult to detect at first, but affects muscle tone, difficulty in feeding, jerky arm and hand movements, mobility issues, delayed or impaired speech and a general lack of interest in toys. From there it progresses to stage 2, or the regression stage, that sometimes can appear the child is autistic as it gets a hold. Disconnection socially, jerking movements, wringing of hands, loss of appetite, slow head growth, crying and irritability set in, before moving to the more acute stage 3, or 'the plateau stage'. Whilst more acute, it may appear that

some of those condition seen in stage two are getting better, but two more become pronounced with the onset of seizures, irregular, shallow, or difficulty breathing, even to the extent of holding breath, together with weight gain transpires. The 4th and final stage can last years, even decades and affects the curvature of the spine, muscle weakness, and difficulty in mobility, including the loss of walking are the lifelong outcomes. As there is no cure for Rett Syndrome, it is essential that symptoms are managed and supported by healthcare professionals, carers, and parents. Ultimately, the patient will require 24hr care, medical intervention, and support for the rest of their lives. It can be life limiting for those significantly affected, whilst others, less so, can look forward to a much longer and 'normal' lifespan.

As mentioned, the young three-year-old was in stages 3, the plateau, where breathing was impaired. The parents were concerned they would not hear, see, or know if their little girl stopped breathing, especially at night-time. The use of a respiration monitor would alert her parents or carers should she stop - something that would alert them to her need for intervention or assistance.

Initially, NARA provided just the monitor, but after a few weeks it was obvious there was a secondary need for more sophisticated equipment as the patient was now subjected to seizures. Six weeks after providing the monitor, NARA had the PulseGuard delivered to the parents of the little girl. Now, they could not only be alerted should their little one stop breathing but using the PulseGuard would now alert them should she have a seizure, but more importantly offer the consultant in charge of her condition with a second-by-second account of her condition to assist with on-going treatment. From the day we provided the equipment to the parents, they said it had been a god send to them and had greatly improved their quality of life as they continued the care of their little girl.

### **Nebulisers**

Moving towards our provision of nebulisers, this financial year, along with our long-term patients, we have assisted 130 more - that's around three new patients each week- from all corners of the U.K. Of course, these patients age from children through to the more senior citizens, those of very advancing years.

Some of the new cases are listed below, as you will see many have extraordinarily complex conditions too. We have also included a couple of our palliative cases: -



- A 4-year-old boy from Cranfield, Bedfordshire, suffering from Femoral facial syndrome, a bone disorder, that severely compromises his breathing.
- A 20-year-old woman from Guisborough, North Yorkshire, who suffers brittle asthma. Brittle asthma is a rare form of severe asthma, affecting less than 1% of all asthma sufferers. The term "brittle" means difficult to control, it is also resistant to usual medications for asthma, the patient is normally hospitalised on a regular basis and the condition can suddenly develop into a life-threatening attack.
- A 42-year-old woman from Warrington, Lancashire, who suffers from severe asthma and COPD. COPD describes a group of lung conditions that make it difficult to empty air out of the lungs because the airways have become narrowed. It is divided into stages, one to four, with four being the most critical and life threatening.
- A 45-year-old woman from Middlesbrough, with restricted mobility, who suffers severe asthma, pneumonia, and fibromyalgia, which is a common incurable condition usually found in women. It is a long-term condition that causes



pain in different places in the body. It can also disturb sleep, cause tiredness and memory problems.

- A 49-year-old man from Biggleswade, Bedfordshire, suffering COPD and severe asthma.
- A 56-year-old woman of Coventry, Warwickshire, who suffers from COPD as well as breast, bone, and liver cancer.
- A 60-year-old woman from Colchester, Essex, suffering stage 4 COPD. This is the final stage of chronic obstructive pulmonary disease, reached after years of living with the disease and the lung damage it causes. At this stage, quality of life is low, the patient will suffer frequent flares, any of which could be fatal.
- A 60-year-old woman from Chesham, Buckinghamshire, who suffers severe asthma and joint problems.
- A 62-year-old woman from Witney, Oxfordshire, who suffered breathing difficulties and cancer. This lady was one of our palliative care patients, who sadly passed away within a few weeks of receiving our equipment. Her nebuliser gave her the ability to sit in the fresh air in her garden rather than be bed bound.
- A 63-year-old woman from Trimmingham, Norfolk, who suffers allergic asthma. There are several differing types of asthma - allergic asthma is asthma that is triggered by

allergens like pollen, pets, and dust mites. She also suffers from depleted immune system, where bacteria, viruses, or toxins can overwhelm her body.

- A 69-year-old man from Romford, Essex, with COPD
- A 71-year-old man from Milton, Cambridgeshire, with idiopathic pulmonary lung disease - a type of lung disease that results in scarring of the lungs for an unknown reason. Over time, the scarring gets worse and it becomes hard to take in a deep breath and the lungs cannot take in enough oxygen. This man is another of our palliative patients.

Finally, the eldest of our selected patients, a man of advancing years well into his 90s, from Southery, Norfolk, suffering from COPD. This was during the initial period of lockdown in March 2020. He had called our helpline to ask if we had received his application form back, 'no we hadn't', was the answer. We cannot give equipment without a doctor's approval, that is what we were waiting for. The gentleman became rather distressed when we called him back, he explained he and his wife were housebound normally, and now on lockdown so had no way to get any shopping and had no food. A verbal ok was obtained from his doctor for use of the nebuliser, with a prescription being delivered to him. Nebuliser ready, our girls delivered it to his door, stopping off at their local shop for some shopping and arranging for them to get a delivery from there whenever they needed.

Mentioning lockdown, throughout this time NARA - The Breathing Charity

has kept going, providing nebulisers and accessories for those who struggle to breathe and are in danger of succumbing to COVID-19. We are also supporting those who have been hospitalised and now back isolated in their homes with necessary equipment and assistance. Of course, during this time, our staff have complied fully with government guidelines and procedures, adhering to the strictest of social distancing and using the relevant PPE.



#### **Crono pump**

Another patient, needing specialist equipment due to her condition this year was Holly, of West Yorkshire. You may recall, in our last report, her referring to us as 'her family'. Unfortunately, Holly's condition has deteriorated over the past months and she was in urgent need of another 'crono' pump, an ambulatory syringe infusion pump intended for the controlled administration of liquid medication into patients via disposable infusion sets. In her case, she needs two pumps, one to administer drugs to assist her breathing and another to relieve and control her pain. The new pump replaced an existing one, already provided by NARA, that had served its time and failed. The life of one of this equipment is just 3years before replacement is necessary. Without the use of this pump Holly would have to lead a housebound lifestyle forever plugged into a bulkier piece of equipment and become less mobile as a

result. The provision of this equipment has done much to help her situation, but at present she is challenged by further debilitating conditions affecting not only her ability to breath, but her overall mobility and her gastric system. She has been a very long-term patient of ours and, also, uses nebulisers provided and supported by NARA.

### Support

We like to make our patients feel they are part of a family of support through exceedingly difficult time in their lives. Some patients, especially those who use respiration monitors, are usually short, to medium term patients and with us on average for just under two years. Those on nebulisers are, on the other hand, longer term and almost lifelong patients and are with us for a good number of years. Then there are the very short-term patients, those who have life limiting conditions who we provide equipment purely so they can spend their last days at home and amongst family and friends. So, you see, simply loaning medical equipment to patients is just one part of the work we do.

To be effective, our loaned medical equipment must always be working in tip-top condition and we need to know that our patients are using it properly, or if other pieces of equipment would be more appropriate for them given their condition. In order to do this, we regularly contact patients through a number of different means, including social media, telephone calls and personal visits. In the last financial year, we made 157 visits (curtailed in last two months due to national COVID-19 lockdown), 1,243 telephone calls, and spent around 875 hours on social media to assist and support our patients. On top of this our regular respiration monitor patients were sent out necessary disposable sensors, and our regular nebuliser patients were sent year packs and necessary disposable accessories. We also gave advice to another 1,825 other callers who were concerned about their own breathing conditions, or that of a relative, or friend. As you may see, yet another busy, busy year.

### Financial

Year on year we are so sincerely grateful to all who champion our cause by either raising or donating essential funds. Simply, without these generous

gifts bestowed on us we would not exist. In this financial year there are a handful of people and organisations we would like to single out for a special mention. This does not mean that particularly those named donated large amounts, but in the first examples it is the longevity of giving that is noteworthy. Firstly, Reggie from Wallingford who has helped us for the past 21years, including running his first 10K marathon for NARA back 2014. Also, Avtar of ASK Motors of Walsall who has been supporting us for a mammoth 26years. On behalf of all trustee's staff and patients we like to pay tribute to both for their landmark service to NARA - thank you.



ASK Motors of Walsall

From businesses to Trusts, we again would like to make mention of the following for being part of our established list of those who provide necessary grants available to us. In no particular order our deepest thanks go to The Toy Trust, Sovereign Healthcare, The Wixamtree Trust and the UKH Foundation.



Finally, we would like to make special mention of a couple of those who made a difference to NARA this year. Firstly, someone who literally went, or rather,

ran the extra mile to raise a significant amount of money. Guy Woodcock encouraged his friends and colleagues to join him on the Three Peaks Challenge for us. The company he worked for, Gallagher Insurance, helped too, by doubling the monies raised, making a massive donation totalling £10,302.60. He'd done this, to say thank you to the charity that had helped his little baby boy in his time of need when he kept stopping breathing. By the provision of a respiration monitor and our support, the little lad thankfully survived his ordeal and is now doing well. Guy's emotive reasons for helping NARA can be viewed on the home page of our website - naratbc.org.uk. Scroll to the bottom of the page and click on - 'A baby boy helped by NARA'.



↑ Guy's son and some of the 3 Peaks Team



Sporting Bears

And, second, to one of the regional arms of the Sporting Bears who nominated NARA as their chosen appeal. Taking paying passengers for a ride in

some of the world's most iconic motor cars raised £4,930. The group had met a number of NARA's patients at an event the previous year and many of them were touched by some of their stories of how, through some of the most adverse of times, a phone call to NARA, who offered tangible help and support had improved their quality of life significantly.

Again, we could have filled several pages with thanks to those who have made gifts to us this year, some wished to remain anonymous, but we have selected the foregoing for a special mention. It matters not how much is given, be it £1, or £10,000, it is that individuals, groups, businesses, trusts, and others acknowledge and support our work with their donations.

Looking at our accounts as a whole, we saw an increase of total funds of around £4,500, to £120,592, compared with the previous year. This, together with a saving of monies spent on our admin and running costs, allowed us to spend almost £10,000 more on the main objectives of the charity.

We are certain, that whatever the immediate future throws at us we are in a stable position to ride the current storm.

### Conclusion

As mentioned in our opening paragraph, we started our new financial year, although still reeling from the loss



of a trustee, Fred Whiting, looking forward to picking up the pieces and furthering the work of the charity. But, as 2020 dawned with the absolute devastation of the COVID-19 virus, manifesting itself in the UK just a few short weeks into the New Year, a dark cloud hangs over the future of how we are all going to cope with the pandemic, and what the days ahead hold for those very vulnerable patients whose ability to breathe is already compromised – young and old. Whatever the outlook, NARA will continue to its very best to strive, within the current and any future government restrictions and guidelines to offer

whatever assistance we have at our disposal. Together with the support of those who champion our cause, we are certain we will continue to ensure our help to those who, no matter how young or old, struggle to breathe.



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### Just a few of the many notes of thanks we receive

*'With a long-term chronic illness, sometimes I find I just don't have the energy to keep following things up, but my experience of NARA has been that I am always met by a cheery voice at the other end of the line, nothing ever seems too much trouble and requests are actioned very quickly. I can't tell you how much easier that makes my life for me. I just wanted to write and let you know the impact that NARA has had on my quality of life.'*  
K of Ely, Cambridgeshire

*'My little girl who is now four weeks old is being helped by NARA. Many thanks to you all for all your hard work.'*  
M of Desford, Leicestershire

*'Please donate to this great charity they do a brilliant job, nothing is too small thank you. Thank you for the great job you and the team do'*  
R of Coventry

*'I just want to say thank you. No matter how busy you are, NARA has always been there. Without your help, giving me a nebuliser, I would not be alive now. Thank you from the bottom of my heart (and my lungs!) Xx'*  
P of Burgess Hill

*'If it wasn't for NARA with their loan of a nebuliser it would have been a trip to the hospital for our little boy because of his thick secretions'*  
R of Cranfield, Bedfordshire

*'Just wanted to write to you about how important a nebuliser is to my husband. My husband was diagnosed with tongue cancer 5 years ago, he underwent vigorous and intense radiotherapy and chemo which left him with a severe burnt mouth and tongue, so bad was the treatment it damaged his saliva glands and stopped him being able to ever swallow again and stopped the movement of his tongue. The work NARA do is so appreciated because this helps people like my husband to continue to have some quality of life after cancer. We thank you all so very much for making his fight much easier.'*  
J of Lowestoft, Suffolk



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FINANCIAL  
YEAR  
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30<sup>th</sup> APRIL 2020

# **NARA** - *Annual Charity Accounts*

NARA - The Breathing Charity, Moulton Park Business Centre, Redhouse Road, NORTHAMPTON, NN3 6AQ  
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Registered Charity 327033



*Caring for all generations*

**Charity Information**

**Trustees**

A Jiggle  
E Atkins  
K Jiggle

**Charity Number**

327033

**Charity Offices**

Moulton Park Business Centre  
Redhouse Road  
Moulton Park  
Northampton  
NN3 6AQ

**Examiner**

Andrew Nottingham  
Taxwright  
65 Moss Street  
Keith  
Banffshire  
AB55 5HE

**Bankers**

Barclays Bank Plc  
267 Wellingborough Road  
Northampton  
NN1 4YD

# NATIONAL ASSOCIATION FOR THE RELIEF OF APNOEA

I report on the accounts of the Trust for the year ended 30 April 2020 which are set out on pages 3 and 6

## **Respective Responsibilities of Trustees and Examiner**

As the charity's trustees you are responsible for the preparation of the accounts: you consider that the audit requirement of Section 43(2) of the Charities Act 1993 (the Act) does not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under Section 43(7)(b) of the Act, whether particular matters have come to my attention.

## **Basis of Independent Examiner's Report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

## **Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 41 of the Act: and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met or
- (2) to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



A W Nottingham FCCA  
Taxwright  
65 Moss Street  
Keith  
Banffshire  
AB55 5HE

Date 4/12/20

# NATIONAL ASSOCIATION FOR THE RELIEF OF APNOEA

## Statement of Financial Activities For the Year Ended 30 April 2020

		Unrestricted Funds	
	Notes	<u>2020</u>	<u>2019</u>
<b>Incoming Resources</b>			
Donations from Grants, Trusts, Companies and Individuals	2	<u>120,592</u>	<u>116,021</u>
<b>Direct Charitable Expenditure</b>			
Medical equipment care and support		106,526	96,266
<b>Other Expenditure</b>			
Fundraising costs		3,473	4,384
Management and Administration of the Charity	3	<u>11,978</u>	<u>15,330</u>
<b>Total Expenditure</b>		121,977	115,980
Loss in value of monitors		-	<u>5,000</u>
Expenditure after exceptional cost		<u>121,977</u>	<u>120,980</u>
<b>Net Movement in Funds for the Year</b>		(1,385)	(4,959)
<b>Total Funds Brought Forward</b>		<u>35,649</u>	<u>40,608</u>
<b>Total Funds Carried Forward</b>		<u>34,264</u>	<u>35,649</u>

There were no recognised gains or losses for 2020 other than those included in the Statement of Financial Activities.

The notes on pages 5 and 6 form part of these accounts

**NATIONAL ASSOCIATION FOR THE RELIEF OF APNOEA**

**Balance Sheet as at 30 April 2020**

	<b>Notes</b>	<b><u>2020</u></b>	<b><u>2019</u></b>
		<b>£</b>	<b>£</b>
<b>Fixed Assets</b>		33,344	33,344
<b>Current Assets</b>			
Cash at Bank and In Hand		1,388	2,773
<b>Current Liabilities</b>	<b>5</b>	<u>(468)</u>	<u>(468)</u>
<b>Total Assets less Current Liabilities</b>		<u>34,264</u>	<u>35,649</u>
<b>Capital</b>			
Unrestricted Funds		<u>34,264</u>	<u>35,649</u>

Approved by the trustees on 10<sup>th</sup> February 21 and signed on their behalf

ASgggG  
Trustee

The notes on pages 5 and 6 form part of these accounts

# NATIONAL ASSOCIATION FOR THE RELIEF OF APNOEA

## Notes to the Accounts

### For the Year Ended 30 April 2020

#### **1 Accounting Policies**

##### **1.1 Basis of Preparation of Accounts**

The accounts are prepared under the historical cost convention and include the results of the charity's operations which are described in the Trustees' Report and all of which are continuing.

The accounts have been prepared in accordance with the Statement of Recommended Practice for charity accounts.

The charity has taken advantage of the exemption in Financial Reporting Standard No 1 from the requirement to produce a cashflow statement on the grounds that it qualifies as a small charity.

##### **1.2 Income**

Voluntary income and donations are accounted for as received by the charity. The income from fundraising ventures is included gross, with the associated costs included in fundraising costs. No permanent endowments have been received in the period.

##### **1.3 Value Added Tax**

Value Added Tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

##### **1.4 Fundraising Costs**

Fundraising expenditure comprises costs incurred in inducing people and organisations to contribute financially to the charity's work. This includes the cost of advertising for donations and the staging of special fundraising events.

##### **1.5 Management and Administration Expenditure**

Expenditure on management and administration of the charity includes all expenditure not directly related to the charitable activity or fundraising ventures. This includes costs of renting and running office premises, staff salaries for administrative staff and fees of an independent examination.

# NATIONAL ASSOCIATION FOR THE RELIEF OF APNOEA

## 2. Income

	<u>2020</u>	<u>2019</u>
	£	£
Donations	119,563	115,041
Medical Contributions	<u>1,029</u>	<u>980</u>
	<u>120,592</u>	<u>116,021</u>

## 3. Administration Expenditure

	<u>2020</u>	<u>2019</u>
	£	£
Office Rent and Services	5,567	6,431
Administration Staff	5,943	8,431
Independent Examination	<u>468</u>	<u>468</u>
	<u>11,978</u>	<u>15,330</u>

## 4. Staff Costs

No remuneration was paid to trustees in the year, nor were any trustees' expenses reimbursed. The staff costs were:

	<u>2020</u>	<u>2019</u>
	£	£
Wages and Salaries	<u>5,943</u>	<u>8,431</u>

The average weekly number of staff employed by the charity during the year was as follows:

	<u>2020</u>	<u>2019</u>
Administrative	1	1

## 5. Current Liabilities

	<u>2020</u>	<u>2019</u>
	£	£
Accrual	<u>468</u>	<u>468</u>